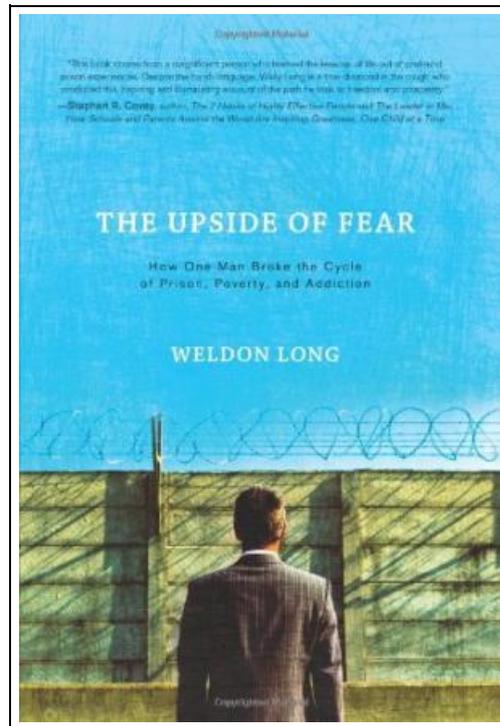


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Greenleaf Book Group Press. Hardcover. Condition: New. 199 pages. Dimensions: 9.0in. x 6.0in. x 1.1in. Writers Digest Grand Prize Winner for Best Self-Published Book Winner of the 2009 New York Book Festivals award in the BiographyAutobiography category Runner-up for the 2009 Hollywood Book Festivals award in the BiographyAutobiography category From the brutality of violent street crime to the compassion of a loving father for his son, this powerful memoir takes you from desperation to inspiration through the transformation of a drug-addled criminal into a fully realized, successful man. The Upside of Fear exposes you to the harsh reality of a criminal life and creates a riveting portrait of true crime at its fundamental level--from buying the duct tape for an armed robbery to saving the life of a prison guard. Long recounts his harrowing journey of self-discovery and how he went from being a drunk in a jail cell to the CEO of a multimillion dollar business. Twenty years of drinking, drugging, robbing, and lying led him to more than a decade of time spent in prisons, jails, and halfway houses--and a strained relationship with a son he barely knew. Through the revealing perspective of an eloquent criminal, you will learn how to change fear into a positive motivating force and use the mind to strengthen the will, even in the bleakest of circumstances. Long's story demonstrates that love can redeem even the most hopeless criminal, and that there can be no emotions stronger than the desire for redemption and the love of a father separated from his son by prison bars. Praise for The Upside of Fear: This book comes from a magnificent person who learned the lessons of life out of profound prison experiences. Despite the harsh language, Wally Long is a true diamond in the rough who produced...



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