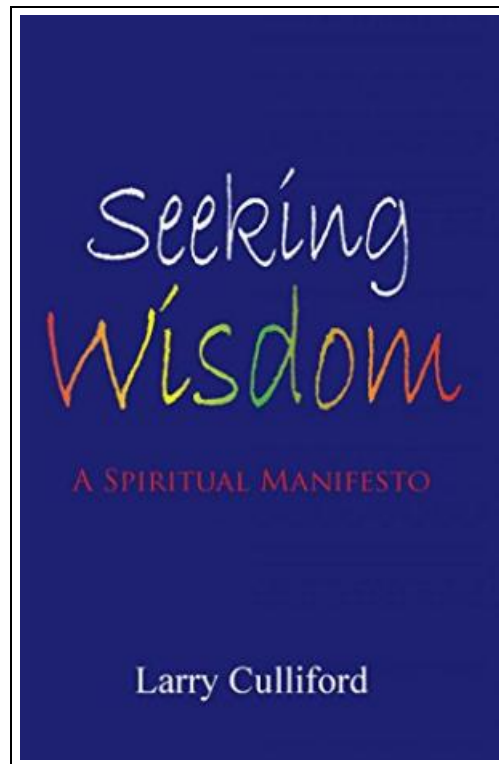


Seeking Wisdom: A Spiritual Manifesto (Paperback)



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Reviews

This publication will be worth purchasing. It really is written in simple terms instead of difficult to understand. It's been designed in an exceptionally simple way and is particularly only right after I finished reading this ebook in which basically modified me, altered the way I believe.

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SEEKING WISDOM: A SPIRITUAL MANIFESTO (PAPERBACK)



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The University of Buckingham Press, United Kingdom, 2018. Paperback. Condition: New. Language: English . Brand New Book. A skilled physician and psychiatrist has turned his gifted attention to the ailments of society. Where is humanity heading, towards misery and destruction or a far more glorious future? How can we - as individuals - make a difference? These are among the most timely questions addressed by this boldly reasoned Spiritual Manifesto. Part 1 (Rationale) examines the human predicament in terms of both intellectual understanding, and spiritual experiences that are both deeply personal and universal. Progress towards wisdom and maturity occurs in recognizable stages involving not despair but growth in the face of inevitable misfortune, threats and losses as life proceeds. Healthy grieving allows emotional pain to be healed through a reliable natural process, comparable to the healing of wounds. Part 2 (Commentary) follows, offering incisive and coherent remarks on `Politics , `Leadership , `Religion , Education , `Health, Mental Health and Social Care , and `Capitalism - Economics, Banking and Business , highlighting especially a correctable imbalance between rational, left-brain dominated, `worldly attitudes and ambitions, and intuitive, right-brain derived, `spiritual values. Part 3 (Seeking Wisdom) continues seamlessly, revealing a simple, constructive way forward, recommending personal Spiritual Development Plans (SDP s) that reduce the destructive power of the false `everyday ego , and increase the highly beneficial influence of the true `spiritual self . Wisdom, compassion and love are thus restored to primacy above more worldly, self-orientated, materialistic aims and attachments like power, fame and possessions. In this way, generation by generation, society itself will evolve. Whenever one individual commits to Seeking Wisdom, the future for all is improved.



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