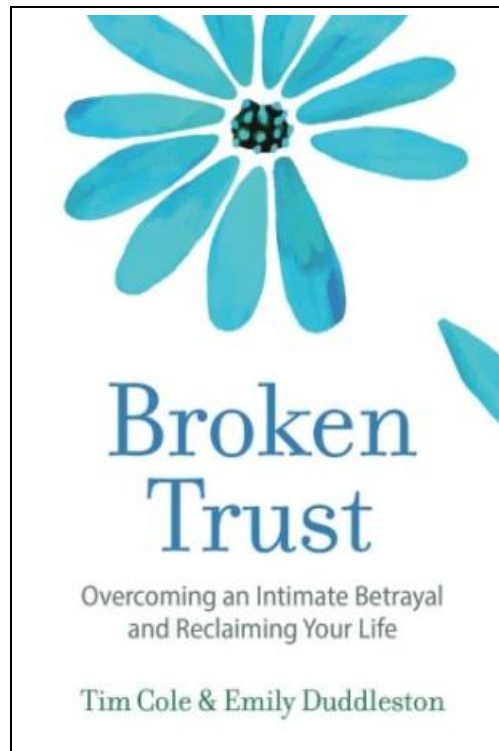


Broken Trust: Overcoming an Intimate Betrayal



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Reviews

A really wonderful book with lucid and perfect reasons. This can be for all who statte there was not a worth reading through. You are going to like how the author write this book.

(Dr. Grady Jacobi DDS)

BROKEN TRUST: OVERCOMING AN INTIMATE BETRAYAL



Immensus Press. Paperback. Condition: New. 228 pages. Dimensions: 8.0in. x 5.2in. x 0.5in. A Partners Betrayal Doesn't Have to Define Your Relationship. Discovering a betrayal almost always brings out intense emotions such as loss, fear, sadness, shock, and disappointment. These feelings are to be expected when someone you love betrays your trust. Although you're going through a difficult time right now, we want to offer you some reassurance. If the situation is handled effectively, couples can not only recover from broken trust but actually grow closer and stronger in the process. In fact, research shows that even major betrayals such as infidelity are possible to overcome. The key to working through an intimate betrayal is learning how to communicate with your partner in a way that promotes truthfulness and understanding. Although such conversations are difficult to manage, our book provides you with the knowledge and skills needed to honestly discuss the issue with your partner and find a resolution to the problem at hand. Broken Trust provides a research-based approach to help you: Cope with your emotions Break out of an endless series of confrontations and denials Get your partner to tell you the truth and be less defensive Take the necessary steps to rebuild trust Create a more loving and compassionate relationship We're confident our approach will help you better understand the betrayal you're going through and give you the tools you need to strengthen and repair your relationship. As a reader of our book you can join a private, confidential online community where you can share your experiences, ask us questions, and get advice from us and others on how best to move forward. This online community includes assessment tools, online journals, forums, and a variety of additional resources to help you cope with and recover from an intimate...



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