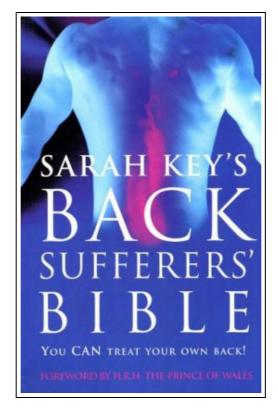
The Back Sufferer's Bible: You CAN Treat Your Own Back!



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(Juliet Mertz)

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