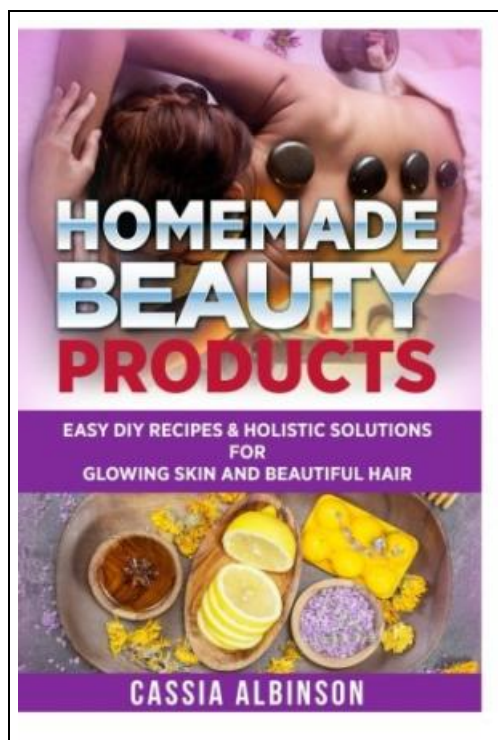


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Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Why Spend Hundreds of Dollars on Overpriced, Commercial Beauty Products If You Can Create Your Own? This book will show you how to do it in an easy and fast way! You will learn how to take care of your skin and hair in a holistic way to avoid toxic chemical substances that are detrimental to your health. The aim of this book is to provide you with cost-effective, natural and creative alternatives to the everyday commercially produced cosmetics that we are so used to using, but don't necessarily have to. The recipes for homemade beauty products in this book will provide you with a number of options for moisturizing, cleansing and exfoliating your skin; as well as a number of options for moisturizing, cleansing and treating your hair. Here's What You Will Learn with Homemade Beauty Products: Chapter One Homemade Moisturizers AROMATHERAPY ESSENTIAL OILS PRECAUTIONS Aromatherapy General Precautions Orange Essential Oil Moisturizer Juniper Berry Essential Oil Moisturizer Melissa Essential Oil Moisturizer Lavender Essential Oil Moisturizer Sage Essential Oil Moisturizer Eucalyptus Essential Oil Moisturizer Lemongrass Essential Oil and Honey Moisturizer Chapter Two Homemade Facial Masks Avocado and Banana Facial Mask Coconut Oil Facial Mask with Orange Essential Oil Honey, Ginger and Coconut Oil Facial Mask Avocado, Honey and Burdock Root Facial Mask Pomegranate Juice and Olive Oil Facial Mask Coconut Oil and Melissa Essential Oil Facial Mask Chapter Three Homemade Body Scrubs Epsom Salt and Orange Essential Oil Body Scrub Epsom Salt and Eucalyptus Essential Oil Body Scrub Epsom Salt and Juniper Berry Essential Oil Body Scrub Organic Sea Salt and Coconut Oil Body Scrub Organic Sea Salt and Olive Oil Body Scrub Organic Sea Salt and...



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