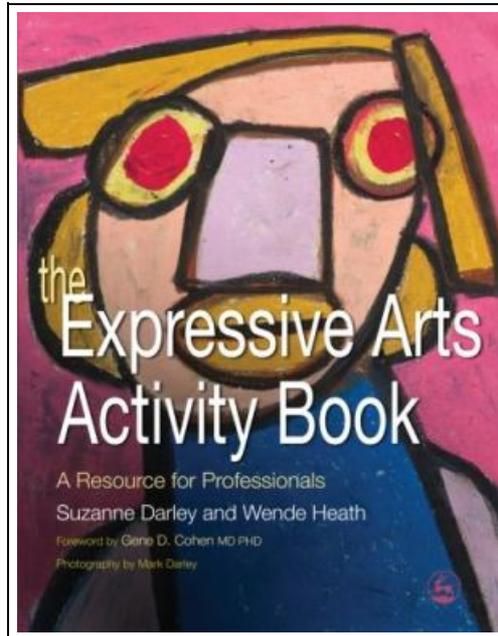


The Expressive Arts Activity Book: A Resource for Professionals



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Reviews

*The publication is easy in read through preferable to fully grasp. It is written in simple phrases instead of hard to understand. You will not sense monotony at at any moment of your respective time (that's what catalogs are for concerning if you request me).
(Kevin Bergstrom Sr.)*

THE EXPRESSIVE ARTS ACTIVITY BOOK: A RESOURCE FOR PROFESSIONALS



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Jessica Kingsley Pub, 2007. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: When coping with serious illness, invasive medical procedures, drug treatments, and, in some cases, terminal illness, art expression is a powerful method for dealing with physical changes, emotional trauma, interpersonal problems and spiritual dilemmas. It can also help relieve the stress of the hospital experience, which many patients find frightening and isolating, separating them from the comforts of home, family and friends. This resource book presents a collection of accessible, tried and tested art therapy activities ranging from individual card making, painting to music, meditation and body mapping to group activities such as collage book assembling, mural painting and round robin drawing. It is scattered with real-life anecdotes that bring the techniques to life. The Expressive Arts Activity Book provides guidelines and new ideas for seasoned practitioners working in health and mental health settings, as well as new practitioners, trainees or students.



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