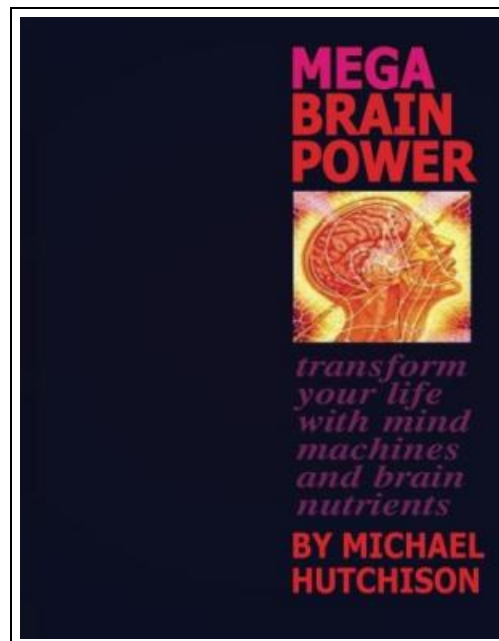


## Mega Brain Power: Transform Your Life with Mind Machines and Brain Nutrients (Paperback)



Filesize: 1.04 MB

### ***Reviews***

*Comprehensive guide! Its this type of very good read through. It is actually writter in simple words and phrases rather than difficult to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.*

*(Bernie Mante PhD)*

## MEGA BRAIN POWER: TRANSFORM YOUR LIFE WITH MIND MACHINES AND BRAIN NUTRIENTS (PAPERBACK)

[DOWNLOAD](#)

Createspace Independent Publishing Platform, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This is the amazing follow up book after the original classic -Mega Brain- revolutionized the mind tech in USA and around the world. The book is still the single best resource for anyone interested in discovering how to benefit from the original research. It includes many topics from sports to intelligence, from sex to healing, from biofeedback to re-scripting. TABLE OF CONTENTS INTRODUCTION ONE: The Brain Revolution In Search of Tools for Waking Up TWO: Peak Performance Brain Waves THREE: Whole-Brain Power FOUR: Working Out In the Brain Gym: The New Science of Brain Growth and Mind Fitness FIVE: Taking Charge: Biofeedback and Brain Power SIX: Sound: The Heartbeat of Life SEVEN: Light Power EIGHT: The Technicolor Symphony: Orchestrating Your Brain with Light and Sound NINE: Electric Brain Power: Recharging the Batteries TEN: Motion and the Brain ELEVEN: Supercharging Your Senses: Acoustic Field Generators TWELVE: Sounds of Silence, Visions from the Void: Reduced Stimulation THIRTEEN: Changing Channels: Brain Tuning and State Change FOURTEEN: Deep Relaxation on Command FIFTEEN: Beyond Relaxation: Self-Hypnosis and Suggestion SIXTEEN: Seeing in the Mind s Eye: Visualization SEVENTEEN: Deep Self: Exploration and Transformation EIGHTEEN: REscriptING NINETEEN: Your Tools for Superintelligence TWENTY: Becoming the Ultimate Athlete TWENTY-ONE: The Mental Edge: Peak Performance and the Inner Game TWENTY-TWO: Brain-Powered Sex TWENTY-THREE: Creativity TWENTY-FOUR: Awakening and Transcendence: Techno-Shamanism and the Democratization of Bliss TWENTY-FIVE: Riding the Big Wave: Ultradian Rhythms and Mind Machines TWENTY-SIX: Full-Speed Recovery: Ending Addiction and Substance Abuse TWENTY-SEVEN: Your High-Tech Weight-Loss System TWENTY-EIGHT: Free At Last: Ending Anxiety, Depression and Phobias TWENTY-NINE: Ending the Reign of Pain THIRTY: From Learning Disabilities to Learning Superabilities THIRTY-ONE: Supercharging Your Immune System THIRTY-TWO: Brain Power Nutrients THIRTY-THREE:...

[Read Mega Brain Power: Transform Your Life with Mind Machines and Brain Nutrients \(Paperback\) Online](#)[Download PDF Mega Brain Power: Transform Your Life with Mind Machines and Brain Nutrients \(Paperback\)](#)

## You May Also Like

**Twitter Marketing Workbook: How to Market Your Business on Twitter**

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. Workbook. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Twitter Marketing Workbook 2016 Learn how to market your...

[Download](#) [ePub](#)

»

**Kindle Fire Tips And Tricks How To Unlock The True Power Inside Your Kindle Fire**

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 52 pages. Dimensions: 9.0in. x 6.0in. x 0.1in.Still finding it getting your way around your Kindle Fire Wish you had...

[Download](#) [ePub](#)

»

**Dont Line Their Pockets With Gold Line Your Own A Small How To Book on Living Large**

Madelyn D R Books. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.This book is about my cousin, Billy a guy who taught me a lot over the years and who...

[Download](#) [ePub](#)

»

**No Friends?: How to Make Friends Fast and Keep Them**

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Do You Have NO Friends ? Are you tired of not having any...

[Download](#) [ePub](#)

»

**The Preschool Inclusion Toolbox: How to Build and Lead a High-Quality Program**

Brookes Publishing Co, United States, 2015. Paperback. Book Condition: New. 274 x 213 mm. Language: English . Brand New Book. Filled with tips, tools, and strategies, this book is the comprehensive, practical toolbox preschool administrators...

[Download](#) [ePub](#)

»