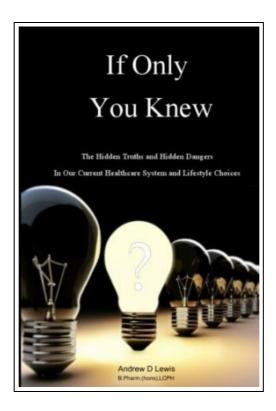
# If Only You Knew (Paperback)



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## Reviews

Absolutely essential study publication. Sure, it is enjoy, nonetheless an amazing and interesting literature. I realized this book from my dad and i suggested this pdf to find out. (Justus Abbott)

## IF ONLY YOU KNEW (PAPERBACK)



Andrew D Lewis, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. In the western, so called civilised world, chronic disease is the new norm; who dies of old age these days? Heart disease, cancer and believe it or not, medicine are the three leading causes of death. You may be surprised that medicine itself is listed here; you will no longer be surprised after reading this book. The intention within the pages of this book is to educate you, the reader, how our current belief system about health and nutrition may be slowly and insidiously driving us to an early grave. Do the pharmaceutical and food industries have our health as their number one priority, or are they purely profit driven? Do you know how the medical system works, how effective drugs are and what are the side effects? If not; how can you choose wisely? If you don t know about toxic exposures in everyday life; how can you avoid or minimise them? Our medical system on the whole suffers from a paternalism which emanates at government level; it is almost akin to dictatorship in my opinion. We are constantly told what is best for us and fear is used as the motivator. If you don t vaccinate your child he/she will surely die, is an example. When you are empowered with knowledge you are in a position to decide for yourself if what you are being told is reasonable or hype . Despite all the control in the health care industry, people, particularly children, are becoming sicker and sicker. In the US the prevalence of autism now stands officially at 1 in 68, up from around 1 in 2000 back in 1985. Asthma, eczema and autoimmune disorders are common place and...

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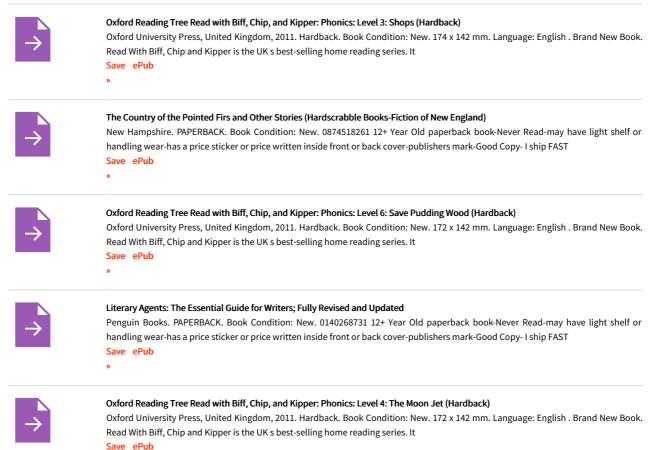
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