



## Cool, Confident and Strong: 52 Power Moves for Girls (Paperback)

By Cassandra Mack

iUniverse, United States, 2007. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Created just for girls, Cool, Confident and Strong helps young women tackle the many day-to-day issues they face. From self-esteem and body image to dating and surviving cliques Cool, Confident and Strong teaches girls how to remain true to themselves and make choices that respect their values, boundaries and bodies. Also included are a mother/daughter discussion guide, resources for teenage girls and tips for starting your own Cool, Confident and Strong reading group.



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