



Empowered Design: A Design Plan for Living (Paperback)

By Blanche Garcia

B.Garcia Designs Inc., United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Empowered Design is about creating the life you are meant to live starting from the inside out. Design is all-encompassing; from creating a passionate plan for life, to your personal space supporting your energy. Let's face it, Designers are like therapists and we are the go-to people for our clients, not only for style but for life advice. Well, it takes hard work and determination to live your best life! Design has been my life for over twenty years, and I realized that designing the life we are meant to live is connected to the space we live in. My book is about creating a passionate plan that will start with figuring out what direction will empower you and not drain you. It's important to understand the difference between the white noise that creates fear, and the fear that tells you that you're on the right track. Fear doesn't scream at you, it whispers most of the time. Everyone is afraid of anything worth doing, but how you react to that fear can be a game...

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