



The Magnesium Deficiency Crisis: Is This the Worlds Number One Mineral Deficiency?

By Peter Ochsenham

Madhousemedia, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Magnesium deficiency has the potential to affect each and every person even before they are born. Many of us have known for a long time that most of our modern diseases-from cardiovascular issues such as heart disease, stroke, and congestive heart failure, to diabetes, cancer, osteoporosis, and autoimmune diseases the likes of Crohn s or rheumatoid arthritis-are intimately linked to the industrial world s flawed eating habits. If whole populations again began to eat wild berries, roots, and nuts, together with free-ranging meats and wild seafood, much of the pharmaceutical indus-try and the medical field-those aspects that deal with de-generative diseases-would quite simply go out of business. In this book we will elucidate with good science - why you need to be concerned with your magnesium levels, why there is widespread deficiency and what are the diseases associated to this deficiency and also the life threatening con-sequences of this deficiency.



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Reviews

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