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The Social Animal: The Hidden Sources of Love, Character, and Achievement

By David Brooks

Random House USA Inc, United States, 2011. CD-Audio. Book Condition: New. Unabridged. 150 x 130 mm. Language: English . Brand New. With unequaled insight and brio, David Brooks, the New York Times columnist and bestselling author of Bobos in Paradise, has long explored and explained the way we live. Now, with the intellectual curiosity and emotional wisdom that make his columns among the most read in the nation, Brooks turns to the building blocks of human flourishing in a multilayered, profoundly illuminating work grounded in everyday life. This is the story of how success happens. It is told through the lives of one composite American couple, Harold and Erica-how they grow, push forward, are pulled back, fail, and succeed. Distilling a vast array of information into these two vividly realized characters, Brooks illustrates a fundamental new understanding of human nature. A scientific revolution has occurred--we have learned more about the human brain in the last thirty years than we had in the previous three thousand. The unconscious mind, it turns out, is most of the mind--not a dark, vestigial place but a creative and enchanted one, where most of the brain s work gets done. This is the realm of...



Reviews

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