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## The Family Guide to Mental Health Care: Advice on Helping Your Loved Ones, from the Medical Director of the Country's Largest State Mental Health System and the Mental Health Editor of the Huffington

By Lloyd I. Sederer, Glenn Close

WW Norton & Co. Hardback. Book Condition: new. BRAND NEW, The Family Guide to Mental Health Care: Advice on Helping Your Loved Ones, from the Medical Director of the Country's Largest State Mental Health System and the Mental Health Editor of the Huffington Post, Lloyd I. Sederer, Glenn Close, More than fifty million people a year are diagnosed with some form of mental illness. It spares no sex, race, age, ethnicity, or income level. And left untreated, mental disorders can devastate our families and communities. Family members and friends are often the first to realize when someone has a problem, but it is hard to know how to help or where to turn. Our mental health "system" can feel like a bewildering and frustrating maze. How can you tell that someone has a mental illness? What are the first and best steps for you to take? Where do you go to find the right care? The Family Guide to Mental Health Care is the first comprehensive print resource for the millions of people who have loved ones suffering from some kind of mental illness. In this book, families can find the answers to their most urgent questions. What medications are...



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