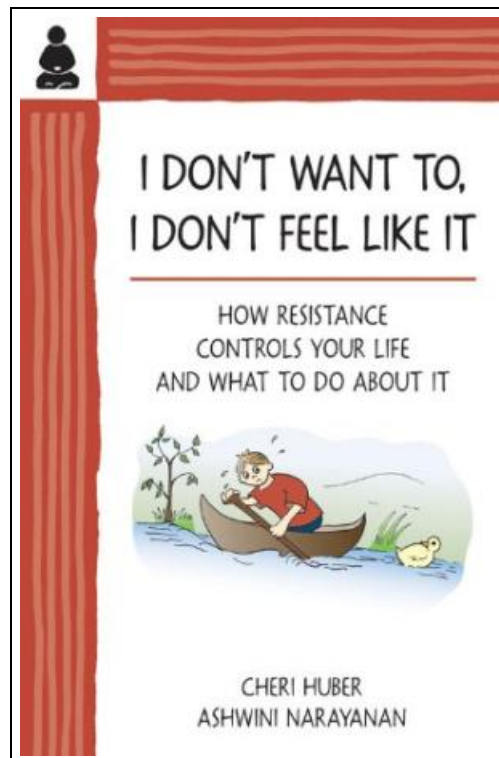


## I Dont Want To, I Dont Feel Like It: How Resistance Controls Your Life and What to Do about It



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## I DONT WANT TO, I DONT FEEL LIKE IT: HOW RESISTANCE CONTROLS YOUR LIFE AND WHAT TO DO ABOUT IT



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