

The Healing Powers Of Honey (Paperback)

Filesize: 6.91 MB

Reviews

An exceptional publication as well as the font employed was exciting to see. it was actually writtern extremely flawlessly and helpful. Once you begin to read the book, it is extremely difficult to leave it before concluding. (Dominic Collins)

THE HEALING POWERS OF HONEY (PAPERBACK)



To save **The Healing Powers Of Honey (Paperback)** PDF, remember to click the web link below and save the file or have access to other information which are related to THE HEALING POWERS OF HONEY (PAPERBACK) ebook.

Kensington Publishing, United States, 2018. Paperback. Condition: New. Reprint. Language: English . Brand New Book. This book will help you stay healthy . . . for good! --Ann Louise Gittleman, Ph.D. Discover Honey s Amazing Bee-Healthy Powers Did you know? - Eating honey can help lower the risk of heart disease, cancer, diabetes--even help reduce body fat and unwanted weight!--and increase longevity. - Pure, raw, unprocessed honey is a healthier sweetener than table sugar and high-fructose corn syrup. It s chock-full of antioxidants, minerals, and vitamins--and only has 21 calories per teaspoon. - Honey can relieve a variety of ailments, including allergies, coughs, fatigue, digestive woes, skin problems, pain, and stress, as well as boost libido. Drawing on the latest honey buzz and interviews with medical doctors, beekeepers, and researchers, this enlightening book reveals 30 healing honey varieties, tells you how to incorporate honey into heart-healthy recipes such as Honey Custard French Toast and Honey-Glazed Game Hen, and provides more than 50 home cures, plus beauty treatments and household uses--all made with the amazing honey bee s gifts! This eye-opening book provides you with a delicious truth of the traditional Mediterranean diet: Honey is a sumptuous route to optimal health. --Dr. Will Clower, author of The French Don t Diet Plan.

Read The Healing Powers Of Honey (Paperback) Online
Download PDF The Healing Powers Of Honey (Paperback)

Related Books	
	[PDF] Dont Line Their Pockets With Gold Line Your Own A Small How To Book on Living Large
	Click the hyperlink listed below to download "Dont Line Their Pockets With Gold Line Your Own A Small How To Book on Living Large" document.
	Save Document
	»
	[PDF] The Preschool Inclusion Toolbox: How to Build and Lead a High-Quality Program
	Click the hyperlink listed below to download "The Preschool Inclusion Toolbox: How to Build and Lead a High-Quality Program"
	document. Save Document
	»
	[PDF] Kindle Fire Tips And Tricks How To Unlock The True Power Inside Your Kindle Fire
=	Click the hyperlink listed below to download "Kindle Fire Tips And Tricks How To Unlock The True Power Inside Your Kindle Fire"
	document. Save Document
	»
	[PDF] Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: (Learn to Read Crochet
	Patterns, Charts, and Graphs, Beginner s Crochet Guide with Pictures)
	Click the hyperlink listed below to download "Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet
	Patterns for Sale: (Learn to Read Crochet Patterns, Charts, and Graphs, Beginner s Crochet Guide with Pictures)" document. Save Document

ſ	

[PDF] It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em

Click the hyperlink listed below to download "It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em" document. Save Document

Г	
Т	
н	
L	- 1

[PDF] Patent Ease: How to Write You Own Patent Application

Click the hyperlink listed below to download "Patent Ease: How to Write You Own Patent Application" document. Save Document

»

x