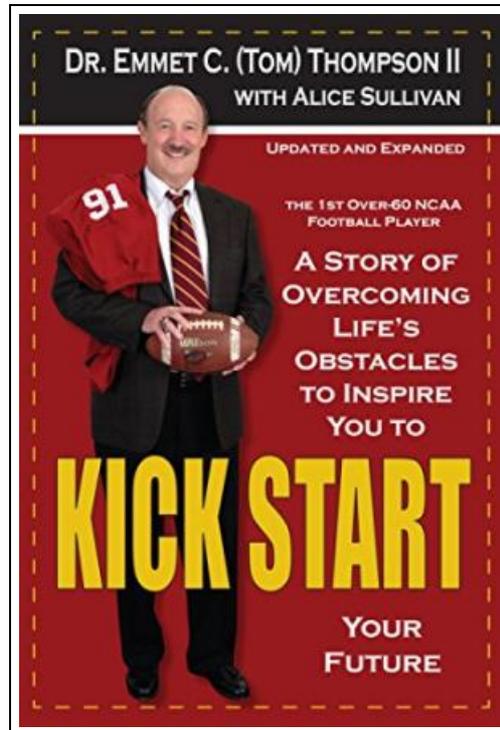


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Clovercroft Publishing, United States, 2017. Hardback. Condition: New. Updated, Expanded. Language: English . Brand New Book. (Updated and Expanded Edition) Like many of us, Tom Thompson felt as though he couldn t catch a break. With obstacles and setbacks from a very early age, including growing up in a broken home and the early death of his father, he struggled to find meaning and purpose. As an adult with no real plan, his self-absorbed lifestyle led to divorce, financial stress, and physical injuries. It seemed to be one thing after another. Was this how life was meant to be lived? Along the way, Tom s life intersected with and was influenced by an assortment of fascinating characters including martial arts champion and legend, Chuck Norris, Elvis and Priscilla Presley, and president of the United States, George W. Bush. And in time, Tom found his faith, his purpose, and his soul-mate. His is a remarkable story of stamina, determination, and of overcoming the odds to become the first over-60 NCAA football player. And his example will inspire the reader to Kick Start their life at any age. This updated and expanded edition of Kick Start contains a new chapter on Goal Setting, including tips for intentionality, exploring the link between goal setting and physical fitness, and on ditching the bucket list for something even better.



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