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Createspace, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. The easiest way to describe what Face Yoga: Natural Face Lifting in just 14 days is about, is by the words of Joan Carter: I decided just before making this booklet not to write too much about theory, just as I did with my Ultimate Balance book. The reason for this can be found in countless books on facial exercises and yoga...

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- Authored by Joan Carter
- Released at 2013



Reviews

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