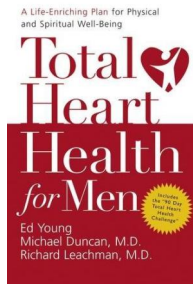


Total Heart Health for Men: A Life-Enriching Plan for Physical and Spiritual Well-Being



Book Review

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