



Social Phobia (Paperback)

By Dr Donald Capps

Wipf Stock Publishers, United States, 2010. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Social phobia is recognized by contemporary psychology as an anxiety disorder that significantly reduces effectiveness in personal interactions. Its exaggerated fear of negative evaluation in social situations leads people either to avoid social situations or to experience great discomfort in unavoidable ones. In this age of self-promotion, social phobics can find themselves at a distinct disadvantage in a society that values dominance. Social phobics rarely seek treatment for their disorder, but they do tend to seek out supportive social affiliation. They are likely to attend church services rather than more personally demanding social gatherings. Thus, religion can be a resource for creative adaptation to life with social phobia. This book helps pastoral counselors, ministers, and other religious partitioners understand social phobia from both the psychological and pastoral theological points of view. Donald Capps describes the condition and its psychological roots, surveys various therapeutic responses and their effectiveness, and points to the possibilities of religious alleviations. Throughout, he expresses a helpful sensitivity to the lived experience of social phobics and offers insights for healthy and adaptive ways of life. For those...



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