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PALEO GRILL COOKING: GLUTEN FREE RECIPES FOR PALEO GRILLING AND BARBECUE DISHES (PAPERBACK)



Createspace, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Nothing says summer like a cold drink, and the intoxicating aroma of meat sizzling over charcoal wafting through the balmy evening air. When it comes to converting to a Paleo lifestyle, grill lovers pretty much have it made: you confront very little recipe conversion at barbecue season! But even meat-lovers need to watch their sauces, rubs, and marinades, and like Mama always...

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- Authored by Lucy Fast
- Released at 2014



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