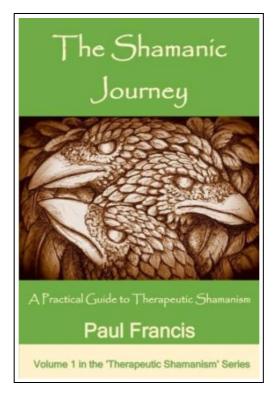
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(Prof. Maya Hand)

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Paul Francis, United Kingdom, 2017. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand *****. This book, if you let it, will take you on a journey. you will experience first-hand the healing power of shamanism, and your eyes will be opened to a world of mystery and potential that has been there all along. You don't need any special talents or powers, just an open mind. And you will trust this new way of being, because you will personally experience it. To say that this will change your life for the better is a remarkable understatement. - from The Shamanic Journey. Many people feel a growing disenchantment with modern life; that something fundamental is missing or wrong. Our increased material wealth is making us less happy, not more. Mental health issues are on the rise, and we face an environmental crisis. Somehow, we have lost our way. People long for a deeper sense of connection, a greater purpose, and a more sustainable and natural way of living. Yet people are often unsure as to what they can do to find this. If you are ready, the practice of shamanism holds the answers. As the oldest healing and spiritual practice known to humankind, it can help us to retrieve that which feels lost. In shamanism, we find a journey that can lead us to true fulfilment and purpose, and to a right way of living and being in the world. In The Shamanic Journey, shamanic practitioner, teacher and psychotherapist, Paul Francis, offers an apprenticeship for our times. By building upon the work of Michael Harner, author of 1980 s classic The Way of the Shaman, Francis has created a practical, ethical and experiential guide; from what shamanism is, right through to giving...



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