



# Green Plate Special: Sustainable and Delicious Recipes (Hardback)

By Christine Burns Rudalevige

Islandport Press, 2017. Hardback. Condition: New. Language: English . Brand New Book. Readable Feast s 2017 Socially Conscious Book of the Year! In Green Plate Special, Christine Burns Rudalevige shares her recipes for healthy, sustainable, and delicious meals, alongside tips and tricks for greening your kitchen and making the most of your produce. From the farmer's market to the dessert plate, this book is packed full of ideas that will surprise and delight home cooks and ecoadvocates, including recipes for meatless mains, summer barbecue favorites, and mouth-watering side dishes. Featuring dozens of recipes that are good for the planet (but never sacrifice flavor) Green Plate Special is an easy-to-digest primer for conscious, delectable living.



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