



## Remember to Breathe

By Simon Pont

Urbane Publications. Paperback. Book Condition: new. BRAND NEW, Remember to Breathe, Simon Pont, "I thought I would dislike him. I wanted to dislike him, but I couldn't. Even in the depths of self-pity and self-loathing you sense Samuel Grant knows exactly what he's doing - that he's watching and judging the performance. He's blisteringly funny. I laughed myself to tears" Sue Magee, The Bookbag London at the turn of the Millennium. Samuel Grant has it all - the look, the job, the achingly cool suit - but Samuel isn't having any fun. Worse than that, he's depressed. He loathes his dream job, has grown a boil, fashioned a Walter Mitty-complex, and his perfect girlfriend has dumped him. That he drove her away only makes matters worse. Samuel admits he's hardly the worse off of London's 8 million residents, but that's hardly the point when you're busy styling the perfect pre mid-life crisis. Remember to Breathe is Bridget Jones from the other side of the gender divide. The tale of one man's search to feel like a hero, without having to do anything heroic. Samuel is "that guy", the one you'll naturally love to hate, and yet can't help forgive and...



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