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Lost Found: Widower s Survival Guide

By Robert W Swanson

Xlibris Corporation, United States, 2007. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Each year 250,000 American males involuntarily join the ranks of widowers. Unfortunately, I lost my beloved wife after 41 years of marriage. Because of this personal tragedy I wrote Lost Found, a Widower s Survival Guide! LOST pertaining to vanishing. Love/companionship/and special order. And FOUND pertaining to finding pragmatic solutions for a widower s daily life challenges. LOST AND FOUND is not a clinical analysis of grief prepared by well meaning psychologists. On the contrary, each chapter is the result of my personal experiences coping with unfamiliar demands of life without my mate. Regardless of where widowers come from . economically, ethnically, or spiritually . the destination they arrive at is sadly the same. They are all LOST! Unfamiliar and freighting challenges appear . to stay or sell their home, altered finances, house keeping, cooking, health concerns, the mystery of dating, vacationing solo, single grand parenting, sexuality, remarriage, cohabitation. New widowers desperately need pragmatic answers to these critical issues. Analysts and psychologists will probe a widower s inter self, but they don t wash dishes, change bedding,...

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