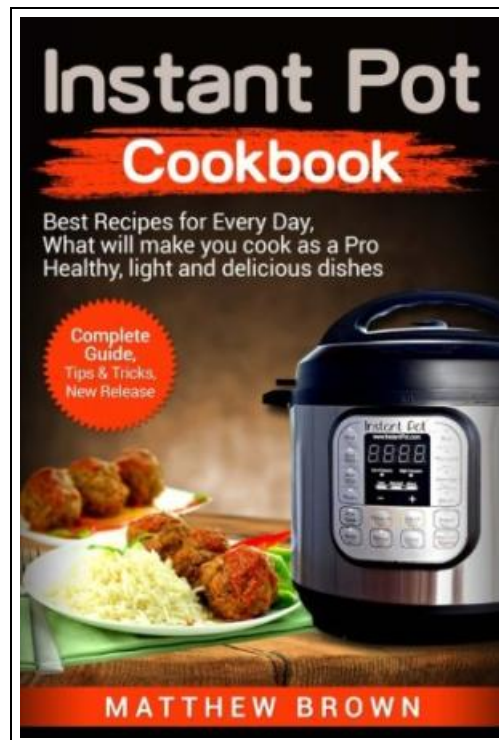


## Instant Pot Cookbook: Best Recipes for Every Day: What Will Make You Cook as a Pro Healthy, Light and Delicious Dishes (Paperback)



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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This is the ideal cookbook for the Instant Pot beginner. Everyone is busy these days, there never seems to be enough time to stop, smell the roses, or more accurately, smell the pot roast. If you re just learning how to cook, or you have picked up the pressure cooker fever and are trying to find your footing with the Instant Pot, this book is perfect for you. It s a universal truth that homes cooked meals, sitting together and sharing the day, keeps a family strong. But with the busy times, we now live in, finding the time to do that can be a trick. In this cookbook, you ll find the 55 fast and easy recipes that are designed for the busy families, and the cooking impaired. Cooking your way through this book will give you the confidence and the skills you need to tackle any recipe you want with your Instant Pot. As well as give you a solid base of family-friendly and family tested recipes to pull from. Chapters include: An introduction detailing how the book came to be A guide to everything you ll need to know about your Instant Pot A selection of vegetable recipes that will satisfy even the pickiest of eaters. Classic soups that range from fresh, to comforting and classic. Savory Cakes and a collection of crowd-pleasing Entrees Desserts you can make in your Instant Pot without a problem. And a conclusion that wraps it all up. Each chapter is designed to help you pull together a delicious and easy meal that will make you and your whole family happy. Gone are the days of microwave dinners and sodium-laced pot pies. Throw...

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