

Adam s Table: A True Vegetarian Cookbook (Paperback)

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Reviews

This ebook is very gripping and fascinating. Sure, it is engage in, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book. (Ms. Ora Buckridge)

ADAM S TABLE: A TRUE VEGETARIAN COOKBOOK (PAPERBACK)



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TEACH Services, Inc., 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Back in the 1990s when vegetarianism was not as popular as it is today, Reggi Burnett started a restaurant in Albuquerque, New Mexico, in an effort to introduce people to nutritious dishes full of flavor and richness. Adam s Table served vegetarian and vegan dishes to its patrons, all of who raved about the best tasting, healthiest food of any restaurant. Even meat-eaters praised the restaurant for its delicious food, including a reporter for The Albuquerque Journal, who wrote, Beware of eating at Adam s Table. It just may change your life. It s enough to make you want to go vegetarian permanently. It was enough to make us-die hard beefers-sign up for Reggi s healthy vegetarian cooking classes. Although the restaurant has since closed its doors, the recipes that made it a hit are captured in this cookbook for all to enjoy. The cookbook features recipes in the following categories: Dressings and Seasonings; Soups, Salads, and Vegetables; Main Dishes and Casseroles; Southwest Style Main Dishes; Breads and Breakfast; Pies, Pastry, and Desserts.

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