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25 Low Carb Dinner Recipes: Healthy and Delicious Low Carbohydrate Dinner (Paperback)

By Cooking Penguin

Createspace Independent Publishing Platform, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. 25 Low Carb Dinner Recipes is a cook book collection of low in carbohydrates dinner. It includes some quick to make and some elaborate but easy-to-make meals. These recipes provide you an option to choose between meat, fish and veggies, depending on your preference. All recipes are indeed low carbohydrates but definitely not low in flavor and nutrition. Here is just some of what you will learn how to make: * Pasta with Shrimp and Spicy Italian Sausage. * Pasta Top with Salmon and Cream Sauce * Pasta with Hot and Spicy Shrimp * Cajun Shrimp Pasta * Bowtie Pasta top with Asparagus and Shrimp * Pasta with Shrimp in Lemon Cream Sauce * Crabmeat Pasta * Pasta and Creamy Salmon * Tortellini Alfredo with Bacon and Peas * Macaroni with Grilled Shrimp and Pignoli Pasta * Baby Clams Pasta * Shrimp Alfredo and Clam Sauce over Fettuccine Pasta * Sausage and Spinach Pasta * Tuna Tetrazzini * Cheesy Baked Spaghetti * Spaghetti with Lobsters * Garlic Ham Spaghetti * Pasta in Creamy Crab and Red Pepper Sauce *...

Reviews

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