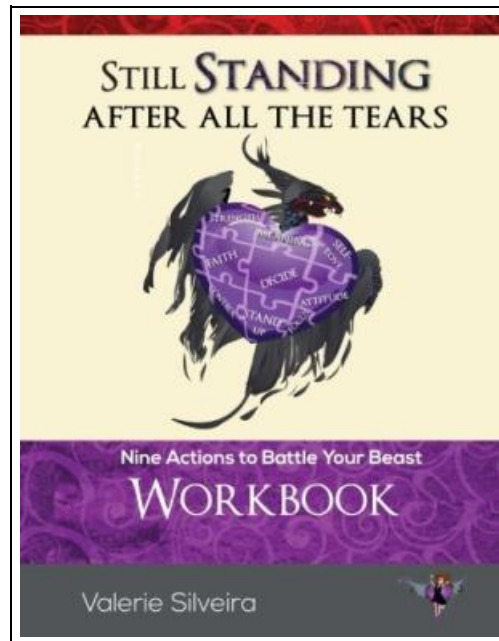


Still Standing After All the Tears Workbook: Nine Actions to Battle Your Beast



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Rockin' Redhead Group, The. Paperback. Condition: New. 208 pages. Dimensions: 11.0in. x 8.5in. x 0.5in. The Companion Workbook to Still Standing After All the Tears: Putting Back the Pieces After All Hell Breaks Loose. In 2004, Valerie Silveiras 18-year-old daughter was shot by her ex-boyfriend. Over the next decade, Jordans life spun further out of control and, as a result, Valeries plunged into darkness. She would face the heartbreaking reality that her daughter is a heroin addict, and the painful truth that she is powerless to save Jordan from her Drug Addiction Beast. Are you living with a Beast They come in all shapes and sizes. Some arrive because of an alcoholic or addict in the family, abuse, abandonment, an accident or illness, loss, perfectionism, or something else. Many are a combination of two or more. A Beast is that situation, person, attitude, or circumstance that has left you lost, defeated, frustrated, angry, hopeless and helpless, or living in paralyzing fear. Our Beasts remind us of the past, keep us from living in the present, and fearful of the future. Beginning three years prior to the shooting, Valerie stepped onto what she calls the Roller Coaster from Hell. Her Codependent Enabler Beast rode it with her, but it would take Valerie nearly thirteen years to acknowledge the Beast that was slowly taking over her life. With a heart shattered into a million pieces, a broken family, health issues, financial hardship and depression, Valerie was giving up the hope of ever being happy again. Still Standing After All the Tears takes you on a journey through the agony and hopelessness of losing a child over and over again to drug addiction. Valerie shares her very painful and journey to battle her own two-headed Codependency Enabler Beast. This book will give hope to...

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