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## Emotional Dimensions of Healthcare (Paperback)

By David Woodlock

David Woodlock, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.THERE IS AN UNDENIABLE CORRELATION BETWEEN OUR EMOTIONS, UNHEALTHY BEHAVIORS, AND OUR POOR HEALTH OUTCOMES. Something unhealthy is happening in America. We are getting sicker more often and we are dying sooner than we should. Here in the wealthiest, most advanced nation in human history, money and technology alone have not been the answer to preventing disease and promoting good health. Not even providing better access to the existing healthcare system or making medical care cheaper seems to solve the dilemma. But David Woodlock in his new book, Emotional Dimensions of Healthcare, has figured out the problem and offers solutions. Taking the next leap forward in healthcare will mean embracing the long-overlooked and neglected emotional dimension of our lives. The combination of chronic stress, adverse childhood experiences, and continued negative social determinants such as exposure to community violence and poverty, can have a devastating impact on anyone's physical health. But our current approach to healthcare ignores the emotional component of our well-being. There is hope, however. Mr. Woodlock provides a prescription for smarter, better health, offering innovative approaches already being tried, as well...



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