



The Yoga Sutras of Patanjali

By Swami Venkatesananda

Motilal Banarsidass Publishers Pvt. Ltd., New Delhi, India, 2011. Softcover. Book Condition: New. Fourth Reprint. There are many spiritually elevated people in the world, but not many levitating yogis: and The Yoga Sutras of Patanjali are meant to elevate the spirit of every man, not to teach him how to levitate. This is clearly the gospel of enlightened living, neither an escape from life nor a hallucinatory 'light'. The attempt in this little book has been to expose that gospel, to avoid technicalities, and to relate the whole yoga philosophy to the ordinary and simple daily life of everyone. There are many excellent translations of the Sutras: this, however, is an interpretative translation. There are several scholarly and erudite commentaries, too: this is definitely not one of them. This book is not meant for the research scholar but for one who is in search of truth which shall free him from self-ignorance. Printed Pages: 435.

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