



The Buddhism Of Tibet (Paperback)

By Dalai Lama XIV

Shambhala Publications Inc, United States, 2002. Paperback. Condition: New. New edition. Language: English . Brand New Book ***** Print on Demand *****. Unlike most books by the Dalai Lama which are edited compilations of talks that he has given, this book consists of two texts that he himself wrote and two that he chose--all especially aimed at helping Western readers become better grounded in Buddhism. He wrote The Buddhism of Tibet and The Key to the Middle Way sections to explain the principal topics and central practices of Buddhism. There are four sections to this compilation: - The Buddhism of Tibet by the Dalai Lama: In this excellent introduction, the Dalai Lama explains the principal topics and central practices of Buddhism. - The Key to the Middle Way by the Dalai Lama: The Dalai Lama leads the student to the discovery of the true meaning of emptiness. With acute precision, he presents many insights into the nature of emptiness. - The Precious Garland by Nagarjuna: Originally written for a king, this text is famous for its descriptions of the bodhisattva path of compassion and for its clear, concise analysis of the Buddha's teachings on emptiness. It describes how to...

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