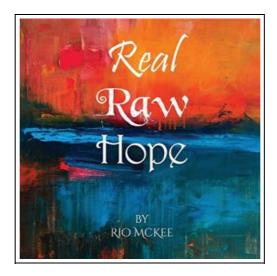
# Real Raw Hope (Paperback)



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## Reviews

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## REAL RAW HOPE (PAPERBACK)



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Montezuma Publishing, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. On October 1, 2015 an active shooter took the lives of nine people on the campus where I work. Then he took his own. I buried my feelings about the tragedy. Deeply. Eleven months passed before everything began to surface. In November 2016, I opened my mouth to a therapist who patiently let me work through foreign feelings. Eventually, I felt safe enough to begin sharing a lifetime of secrets. It was excruciating and impossible to speak about them out loud, so I wrote them instead. This book is the result of my first five months of therapy. Writing has given a voice to the child who stopped talking about the truth over fifty years ago? from the four year old to the fifty year old? too many secrets. Secrets buried under shame, guilt, great fear, embarrassment, loyalty to family and abusive men. A list so long, its heavy weight had become too much to bear.



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