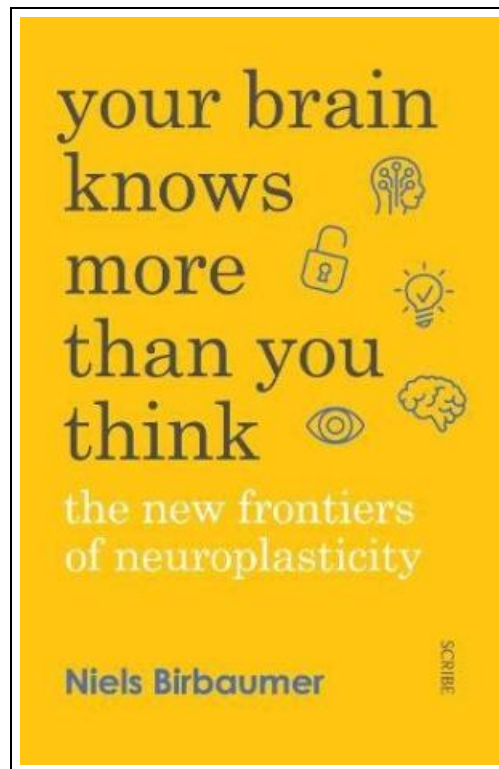


Your Brain Knows More Than You Think: the new frontiers of neuroplasticity (Paperback)



Filesize: 1.2 MB

Reviews

This publication is wonderful. It can be rally fascinating throgh reading period of time. You are going to like the way the writer create this publication.

(Mrs. Piper Jacobi)

YOUR BRAIN KNOWS MORE THAN YOU THINK: THE NEW FRONTIERS OF NEUROPLASTICITY (PAPERBACK)

[DOWNLOAD](#)

Scribe Publications, United Kingdom, 2017. Paperback. Condition: New. Language: English . Brand New Book. Our brains are more powerful than we ever realised. Too often, we assume that people's natures are fixed, immutable. For sufferers of depression, anxiety, ADHD, addiction, or the after-effects of stroke, this can be a difficult thought. For those with extreme conditions, such as locked-in syndrome or psychopathy, it can feel as if there is no hope at all. However, in *Your Brain Knows More Than You Think*, leading neurobiologist Niels Birbaumer turns these assumptions on their head, arguing that neuroplasticity - the virtually limitless capacity of the brain to remould itself - is enough to overcome almost any condition, however life-limiting it seems. Like the fathers and mothers of psychiatry, Birbaumer explores the sometimes-wild frontiers of a new way of thinking about our brains and behaviour. Through actual cases from his research and practice, he shows how we can change through brain training alone - and without risky drugs - if we simply open our minds.

[Read Your Brain Knows More Than You Think: the new frontiers of neuroplasticity \(Paperback\) Online](#)[Download PDF Your Brain Knows More Than You Think: the new frontiers of neuroplasticity \(Paperback\)](#)

Other Books



The Mystery of God's Evidence They Don't Want You to Know of

Createspace, United States, 2012. Paperback. Book Condition: New. 276 x 214 mm. Language: English . Brand New Book ***** Print on Demand *****.Save children's lives learn the discovery of God Can we discover God?...

[Download](#) [Book](#)

»



Dude, That's Rude!: (Get Some Manners)

Free Spirit Publishing Inc., U.S., United States, 2007. Paperback. Book Condition: New. 178 x 127 mm. Language: English . Brand New Book. Kids today need manners more than ever, and Dude, That's Rude! makes it...

[Download](#) [Book](#)

»



Homeschool Your Child for Free: More Than 1,400 Smart, Effective, and Practical Resources for Educating Your Family at Home

Random House USA Inc, United States, 2009. Paperback. Book Condition: New. 2nd. 229 x 185 mm. Language: English . Brand New Book. Provide a solid education at home without breaking the bank. Introduced in 2000,...

[Download](#) [Book](#)

»



I Am Reading: Nurturing Young Children's Meaning Making and Joyful Engagement with Any Book

Heinemann Educational Books, United States, 2015. Paperback. Book Condition: New. 234 x 185 mm. Language: English . Brand New Book. It's vital that we support young children's reading in ways that nurture healthy...

[Download](#) [Book](#)

»



Creeper, Zombie, Skeleton and More Jokes for Kids

Createspace, United States, 2014. Paperback. Book Condition: New. 190 x 130 mm. Language: English . Brand New Book ***** Print on Demand *****.Creeper, Zombie, Skeleton and More Jokes for Kids - stocking fillers for kids...

[Download](#) [Book](#)

»