



The Age of Speed: Learning to Thrive in a More-Faster-Now World

By Vince Poscente

Random House USA Inc. Paperback. Book Condition: new. BRAND NEW, The Age of Speed: Learning to Thrive in a More-Faster-Now World, Vince Poscente, To succeed in today's ever-accelerating world, speed is the name of the game. Forget "slow and steady wins the race." The key to getting ahead is not fighting or hiding from speed, but embracing speed and using its power to your advantage. As Vince Poscente demonstrates in this rewarding and, yes, fast-paced book, speed has a unique ability to enrich your life. He empowers you to take control of your time, your tasks, your priorities, and your talents, and start making life everything you want it to be. Twenty new tips-exclusive to this paperback edition-show you how to: - recognize the difference between repetitive chores and passionate pursuits, and assign the appropriate amount of time and energy to each - mentally shatter the outdated idea that work, home, and leisure should be completely separate, and create a new, purpose-driven model of organizing your time - discover how to control interruptions, including how and when to accept them-by learning when to multitask and when to focus Speed provides amazing benefits-you become more conscious of how you spend your...



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