

Blood Sugar Diary: Diabetes Journal for 53 Weeks (Pink) (Paperback)

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Reviews

A high quality pdf as well as the typeface applied was exciting to see. It really is writter in simple words and phrases rather than difficult to understand. You will not really feel monotony at at any time of your time (that's what catalogs are for relating to in the event you question me).

(Robyn Nolan)

BLOOD SUGAR DIARY: DIABETES JOURNAL FOR 53 WEEKS (PINK) (PAPERBACK)



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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Blood Sugar Diary Blood Sugar Chart for One Full Year (53 Weeks) Monitor your blood sugar 4 times a day. The following areas are included: Weekdays Monday - Sunday: - Breakfast (before / after) - Lunch (before / after) - Dinner (before / after) - Bedtime (before) - Other measurements You can start your journal at any time. Use the Look Inside feature of Amazon or look at the back of the book to see a sample page of the inside. The pages of this journal are cream-colored and tightly bound with a shiny paperback cover (flexible, thin binding, no firm cover) - perfect for customers who prefer slim, light notebooks. Comfortable division of sections and line spacing. The journal is 6x9 inch tall.

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