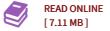




Shiatsu for Your Horse: Enhance Your Horse's Well-Being and Happiness

By Cathy Tindall & Jaki Bell

Cadmos Equestrian, Brunsbek, 2006. Hard Cover. Condition: New. Dust Jacket Condition: New. 1st Edition. Equine behaviourist Cathy Tindall has taken the ancient oriental treatment of Shiatsu and developed it into a modern form of massage that any horse lover can use to enhance the health and well being of their horse. In the first part of this book the reader is shown how to perform a simple Shiatsu treatment. Part Two explains the philosophy behind Shiatsu in simple terms for the reader who would like a deeper understanding. The third part introduces the reader to The Five Elements as a means of recognising the characteristic of a horse and gaining a better knowledge of its anatomy. * A practical alternative way for horse-owners to work and establish a relationship with their equine partners. * Easy to use for riders of all levels of ability: the complex subject is simplified and the prime message is practical rather than philosophical. Size: 8vo - over 73⁴, - 93⁴, tall.



Reviews

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