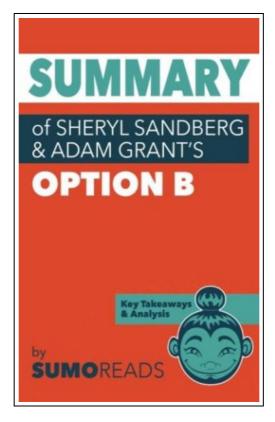
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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English. Brand New Book ****** Print on Demand ******. PLEASE NOTE: This is a summary, analysis and review of the book and not the original book. In their bestselling book on managing grief, Option B: Facing Adversity, Building Resilience, and Finding Joy, Sheryl Sandberg and Adam Grant share personal stories of trauma and grief while providing helpful, practical, and easily actionable advice on how to overcome it, and come out stronger on the other side. This SUMOREADS Summary Analysis offers supplementary material to Option B to help you distill the key takeaways, review the book s content, and further understand the writing style and overall themes from an editorial perspective. Whether you d like to deepen your understanding, refresh your memory, or simply decide whether or not this book is for you, SUMOREADS Summary Analysis is here to help. Absorb everything you need to know in under 20 minutes! What does this SUMOREADS Summary Analysis Include? An Executive Summary of the original book Editorial Review Key Takeaways and analysis from each section A short bio of the the authors Original Book Summary Overview In Option B, Sheryl Sandberg and Adam Grant take the reader on gut-wrenching journeys of loss and trauma and offer practical ideas for processing grief, finding strength, and reclaiming love and everyday happiness. This New York Times bestseller goes as personal as any narrative can get to give the reader clarity through the darkness of grief. Anyone struggling through bereavement, job and financial loss, injustice, injury, terminal disease; anyone going through any form of tremendous adversity will find hope and the courage to face whatever comes next between these pages. BEFORE YOU BUY: The purpose of this SUMOREADS Summary Analysis is to help you decide if it...

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