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## Addiction-proof Your Child: A Realistic Approach to Preventing Drug, Alcohol, and Other Dependencies (Paperback)

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By Stanton Peele

Random House USA Inc, United States, 2007. Paperback. Condition: New. Language: English . Brand New Book. Renowned addiction expert Stanton Peele offers an unorthodox yet effective method that helps parents combat addiction. This practical guide takes a calming, realistic approach, explaining how to impart the fundamental values that will protect children and prevent experimentation from evolving into dependency. Dr. Peele offers a smart, readable, commonsense guide for parents concerned about their children s drug and alcohol use. Persuasively rebutting the alarmist view advanced by the experts, he shows the importance of reinforcing children s independence, promoting constructive values, and fostering the ability to learn from mistakes. He also shows how to teach youth to recognize the risks in overusing substances and suggests safeguards for the small minority who are at greatest risk for addiction. --Aaron T. Beck, professor of psychiatry, University of Pennsylvania.

### Reviews

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