

Life-Changing Affirmations: A 30-Day Plan for Spiritual Transformation

By Vicky Thompson

Red Wheel/Weiser. Paperback. Book Condition: new. BRAND NEW, Life-Changing Affirmations: A 30-Day Plan for Spiritual Transformation, Vicky Thompson, Here is a complete spiritual practice that can be done in just minutes a day with powerful results. This 30-day plan is designed to promote a deeper awareness of five key spiritual qualities - love, intuition, inner wisdom, forgiveness, and service - and bring about noticeable changes in the way we perceive and handle the events in our everyday lives. Each daily affirmation and short meditational prayer focuses on a specific spiritual state.



Reviews

Extensive information for book fans. It is writter in basic words and never hard to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Otis Wisoky

This publication is great. It is full of wisdom and knowledge You will not really feel monotony at at any time of the time (that's what catalogs are for relating to when you ask me). -- Dr. Everett Dicki DDS

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