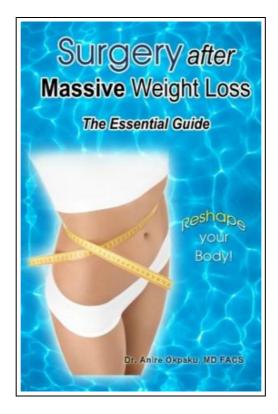
# Surgery After Massive Weight Loss: The Essential Consumer Guide (Paperback)



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# Reviews

It is simple in study safer to understand. It can be full of knowledge and wisdom Your way of life span is going to be enhance when you full looking at this book.

(Lavina Torp)

## SURGERY AFTER MASSIVE WEIGHT LOSS: THE ESSENTIAL CONSUMER GUIDE (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2010. Paperback. Condition: New. Language: English. Brand New Book \*\*\*\*\*\* Print on Demand \*\*\*\*\*\*. A simple to understand guide about what to expect with Weight Loss and Surgery. Losing weight will improve your health, stamina, and mental disposition in many ways. Just losing a small amount of your current weight can make a difference in the way you feel and look. Why Surgery After Massive Weight Loss? Once you reach your weight loss goals you may not have the fit and healthy body image you desire. Following massive weight loss, the skin and tissues that have been severely stretched over the years, often lack elasticity and cannot readjust to the new, smaller size of the body. As a result, sagging pockets of skin may form around the face, neck and jaw line, at the upper arms, lower back, the abdomen region and around the hips, buttocks, groin area and thighs. The surplus, sagging skin that is left behind after massive weight loss, can cause considerable hygienic problems, skin irritation, skin breakdown, pain and even infection. This loose, sagging skin looks abnormal in most cases and gets in the way of normal activities or movement. After losing the weight, the next stage of this journey is a series of operations called body contouring, where Dr. Okpaku removes the excess tissue, sculpts and restores the body to a more normal, aesthetically pleasing state, and for most patients this is a positive transformation, a dramatic return to health and self-confidence.

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