



Get Savvy: Letters to a Teenage Girl about Sex and Love (Paperback)

By Kathleen Buckstaff

Two Dolphin Productions, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. On a winter night at a prestigious New England boarding school, two teenage girls compared secret love letters male teachers had written them. One girl kept a journal and recorded the events that followed. The other, years later, took her own life. When her own daughter was 16, Kathleen Buckstaff, author and former Los Angeles Times columnist, developed severe stomach pain and within a few months lost thirty pounds. Doctors eventually determined she was suffering from PTSD. As she reviewed her old journals, Kathleen had to face painful truths. When she discovered the two teachers were still teaching, she felt obligated to do everything possible to protect current students. Kathleen interviewed over 60 college students, recent graduates, healthcare professionals, self-defense instructors, and professors. In letters to a teenage girl, Kathleen revisits the events that changed her life and the lives of her closest friends, drawing from her interviews to describe what she wishes she had known about sex, predators, self-defense, and love. Get Savvy also includes a journal section with reflection questions, in which Kathleen offers a practice of self-love, kindness, and...



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Reviews

This publication may be really worth a go through, and a lot better than other. It really is written in simple terms and never difficult to understand. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Natalie Abbott**

This book will not be simple to get going on reading but extremely exciting to read through. Yes, it can be play, still an interesting and amazing literature. I am very easily could possibly get a delight of reading a written book.

-- **Rene Olson**