

Dr. Atkins Vita-Nutrient Solution: Natures Answer to Drugs

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Reviews

It is really an remarkable book which i have ever go through. It can be writter in simple terms and not difficult to understand. I am just effortlessly can get a enjoyment of reading a composed pdf. *(Dr. Lily Wunsch II)*

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DR. ATKINS VITA-NUTRIENT SOLUTION: NATURES ANSWER TO DRUGS



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Fireside Books. Paperback. Book Condition: New. Paperback. 416 pages. Dimensions: 9.0in. x 6.0in. x 1.3in.THE HEALING POWER OF NUTRITIONAL SUPPLEMENTS Long a champion of complementary medicine and nutritional therapy, Dr. Robert Atkins, author of the 1 best-seller Dr. Atkins New Diet Revolution, presents the scientific basis for the use of vitamins, minerals, amino acids, herbs, and hormones in the treatment and prevention of many of the chronic illnesses that plague us today. These vita-nutrients harness the bodys ability to heal itself, rather than resorting to conventional drugs and invasive procedures, and address the true causes of disease instead of temporarily alleviating symptoms, promoting longer-lasting and more effective healing. In this comprehensive guide, Dr. Atkins shares vital information on more than 120 supplements, including: The specific restorative powers of each nutrient How to determine the optimal dosage schedule How to obtain supplements that are new to the market or are available only in limited supply The formula for a basic foundation of vita-nutrients that almost everyone needs every day Best of all, Dr. Atkins shows you how to create a personalized program to help improve or regain your health by using combinations of nutritional supplements specifically designed to help cure or prevent more than fifty common medical conditions, including arthritis, cancer, diabetes, heart disease, or infections. Backed by cutting-edge scientific research, his recommendations are both safe and effective. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.

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