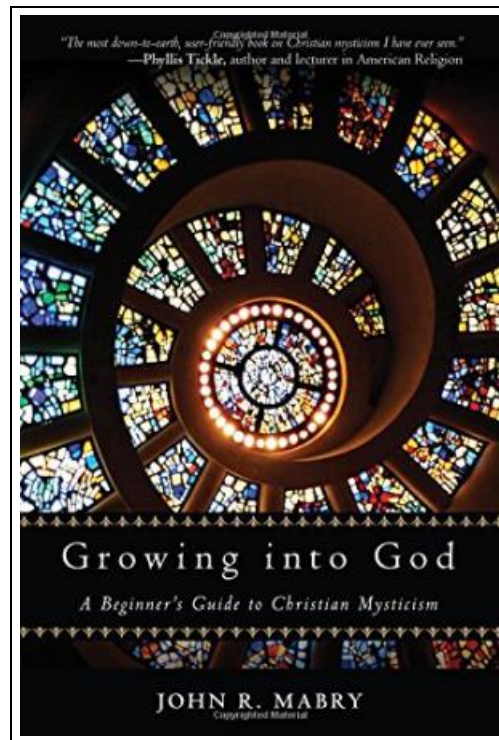


## Growing into God: A Beginner's Guide to Christian Mysticism



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## GROWING INTO GOD: A BEGINNER S GUIDE TO CHRISTIAN MYSTICISM



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Quest Books,U.S., United States, 2012. Paperback. Book Condition: New. Quest.. 226 x 152 mm. Language: English . Brand New Book. For many people, the word mysticism conjures up occult, secretive rituals held after midnight in some dark cave. But true mysticism isn t at all sinister or secretive, says author John Mabry, an Anglican-rite Congregational minister. In fact, mysticism is at the heart of an authentic Christian life. It is nothing more and nothing less than the pursuit-and enjoyment-of union with God, which is the goal of all Christian spirituality. Christian mysticism is the discipline of growing the soul into God--shedding illusory identities, deepening prayer, seeing God in all things, and acting as Christ in the world. Mabry s great passion is to bring theology to everyday life by explaining complex ideas in everyday language that anyone can understand and find useful. In *Growing into God*, he demystifies mysticism, providing a friendly and accessible entry point to some of the teachings, practices, and experiences of the Christian mystical tradition. Mabry explores the classic mystical journey, which begins with the Awakening of a unitive consciousness that experiences everything as Divine and interconnected. The journey continues with Purgation, in which we empty ourselves of illusion; Illumination, in which we begin to see God in all things and all things in God; and, finally, Union, in which we marry our lives with God s life. Our hands become God s hands, our lips become God s lips, our touch becomes God s touch, in order to bring help, comfort, and healing to the world., p>Along the way, and with an entertaining teacher s clarity, Mabry recounts the stories of many Christian mystics, including inspiring quotations. He also enriches each chapter with questions and answers to simplify points as well as experiential practices to...



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