



## The Catfish Cookbook: 40 Recipes for Fish Lovers - Let's Cook Catfish! (Paperback)

By Martha Stephenson

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.It's official! Americans are eating more seafood and whilst the more exotic shrimp, salmon and tuna still top the list, the good ole catfish swims into the Top 10. But it isn't just the USA that farms this freshwater fish. There are in fact, over 3000 species of catfish that can be found on 6 of the 7 continents. Catfish is enjoyed around the world and can be prepared in lots of different ways. A very versatile ingredient that can be paired with a wide range of herbs, spices, fruits and vegetables. In Thailand catfish is fused with lemongrass and pineapple to make a hot and sour soup. While in New Orleans it's fried and served with remoulade to make a Po Boy. Lime, avocado and corn all come together south of the border to make a crispy Mexican Catfish Salad. But whether you enjoy your catfish fried, grilled, baked or barbecued then you will love The Catfish Cookbook. Here, we will show you how to make 40 Catfish Recipes. Soups, salads, stews, sandwiches and wraps from Mexico,...



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