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The Emotional Challenges of Immigration: Strategies and Stories of Those Who Stayed (Paperback)

By Ellie Baker

Smeaton Publishing, New Zealand, 2014. Paperback. Condition: New. James Copsey (illustrator). Language: English . Brand New Book ***** Print on Demand *****. Immigrants make up 3.15 of the world s population, that s 216 million people. How do you successfully progress from emigration to being a long term immigrant? You may not have moved countries; you may have changed areas, such as rural to city. Have you ever felt disconnected to the place in which you are living, or struggled with the language, humour or behaviours? Have you have missed features of what was once your home, or found yourself wishing your family and friends were more accessible? If you have, even if you haven t changed countries, you may be subject to the emotional challenges that immigrants face, and will find help in this book. Emigrating and immigrating is more than removal companies and getting visas. There are many emotions involved. The combination of excitement and sadness from moving countries is just the tip of the iceberg. In your new country, when you have recovered from the culture shock, and calmed down from the novelty of where you live, there is the missing to deal with. The missing of...



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