



Snowboarder's Start-Up: A Beginner's Guide to Snowboarding (2nd Revised edition)

By Doug Werner, Jim Waide

Tracks Publishing, U.S. Paperback. Book Condition: new. BRAND NEW, Snowboarder's Start-Up: A Beginner's Guide to Snowboarding (2nd Revised edition), Doug Werner, Jim Waide, Here is the essential beginners guide to the fastest growing sport in the country according to the National Sporting Goods Association. The most important questionshow to stop, how to turn, and how to avoid the crash and burn syndromeare answered because the author takes the reader along as he learns the sport himself. Basic gear, preparation, technique, and safety are also discussed.



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