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INTERMITTENT FASTING RECIPES AND LOW CARB QUICK N CHEAP RECIPES



Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Welcome to the Low Carb Bibles! A series of Low Carb Cookbooks for home cooks and food enthusiasts! Looking For New Low Carb Ideas That Actually Taste Great? Explore the world, and make cooking an easy task with Tina Palmarchetty, as she takes you through different cultures and cooking techniques all carefully designed to please the avid Low Carb follower! Busy Moms...

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- Authored by Tina Palmarchetty
- Released at 2015



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