



A Guide to a Man's Spiritual Health (Paperback)

By C Dennis Williams

WestBow Press, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Through the years I have known Dr. Williams, he has always maintained a wonderful and stable balance between the physical and spiritual worlds. This book is another example of the two-fold theological and practical perspective that he always brought to his teaching and preaching. --John R. Lillis, Ph.D. Executive Vice President of Academic Affairs Grace College and Seminary The Association of Black Cardiologist, in 7 Steps to a Healthy Heart, considers spiritual health a top priority. Pastor Williams has effectively compiled a document that is essential to a man's ability to be spiritually healthy and thereby much better prepared to be physically capable and productive. This is a must read. --Robert L. Gillespie, M.D. FACC Chairman of the Board, Association of Black Cardiologist The Rev. Dr. C. Dennis Williams has done it again. We need physical and spiritual food now and more than ever. He preaches and teaches men that daily devotion and fellowship with the Lord goes beyond an apple a day. --Reverend Swayne A. Cofield, M.D.



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