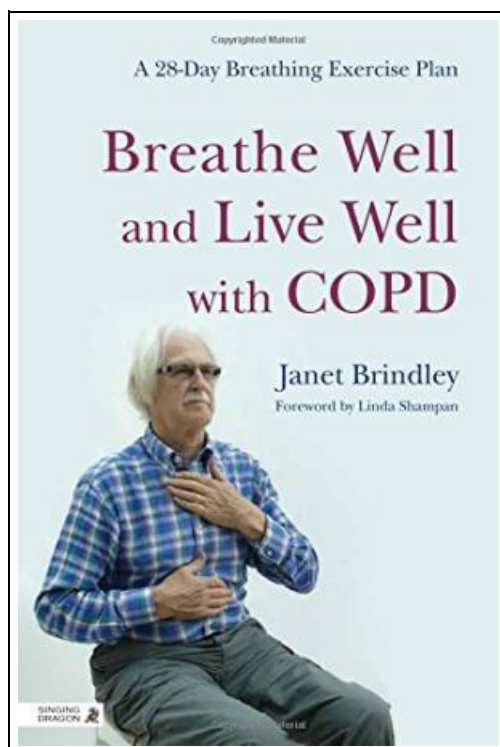


## Breathe Well and Live Well with COPD: A 28 Day Breathing Exercise Plan



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