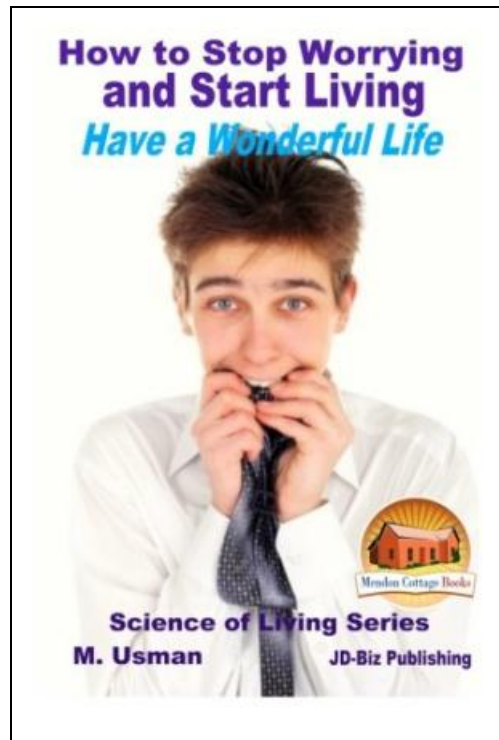


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Reviews

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(Vergie Hyatt)

HOW TO STOP WORRYING AND START LIVING - HAVE A WONDERFUL LIFE (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Table of Contents Preface PART 1: LIVING LIFE Chapter 1: Principles of a Flourishing Life Chapter 2: Tips on How to Live the Life That You Desire Chapter 3: Common Pitfalls to Avoid Emotions and External Pressure Letting your mind get ahead of situations Over Expectation Always in a Hurry Improper use of affirmations Ambiguity Quick to Judge Obsession Lack of Faith Lack of patience PART 2: DIFFERENT ASPECTS OF LIFE THAT YOU NEED TO WORK ON IN ORDER TO START LIVING Chapter 4: Money Success Appreciating your current state of affairs Use of affirmations Wipe all negative thoughts Having clear goals Exercise confidence Chapter 5: Health Health affirmations Having a different perspective Appreciation Believing in yourself Visualization Chapter 6: Love Relationships The Law of Divine right tips for love and relationships: Focus on the feelings you want Gratitude Loving yourself Enjoy life Be positive Conclusion About the Author Publisher Preface Thank you for downloading the book, How to Stop Worrying and Start Living. This book will take effect as an authentic guide in ensuring that you understand what the true meaning of living life is, how you can start living your life without angst and how to actually embrace and realize a difference in your life by applying the information being conveyed in it. In reality, are you at that point in your life where you feel like something is missing? Have you ever felt that there s a more sense of purpose to your existence on this planet, other than what you are currently involved with? With this guide, you will begin to understand the proper paradigms of successful living while avoiding fear or anxiety. That is just...



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